

# NATIONAL INSTITUTE OF TECHNICAL TEACHERS' TRAINING AND BESEARCH, KOLKATA

(Established by the Ministry of Human Resource Development, Govt. of India)

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Ref. No: NITTTR-K/2018-19/ICT15/ 2436

January 20, 2020

To
The Director
Mangalmay Institute of Engineering & Technology
8, Knowledge Park-II, Greater Noida
Pin – 201310
Uttar Pradesh

Sub: Certificate for the IHP/ICT Mode STTP on Problem Based Learning from 02/12/2019 to 06/12/2019

Dear Sir,

Please find herewith 51 Nos. of certificate for the participants attending the above mentioned programme.

May I request you to kindly arrange to distribute the certificates and acknowledge receipt through email.

Thanking you,

Yours sincerely,

Academic Co-ordinator

Enclo: As specified above.

Mangalmay institute of Engineering & Technology

Greater Noida (U.P.)-201310

College Code-786

Contector

#### Programme Code: ICT15

Programme Title: Problem Based Learning
Programme Co-ordinator: Dr. Indrajit Saha, Dr. Arpan Kr. Mondal, Dr. Sagarika Pal Dr. Kinsuk Giri
Date: 02.12.2019 - 05.12.0219

LIST OF PARTICIPANTS

SI, N	Name of the Participants	Name of the Institute	State	Certificate No.
i i	Yashpal Singh	Mangalmay Instt. of Engg. & Technology, Greater Naida	Uttar Pradesh	14051
2	Preeti Mistra	Mangalmay Instt. of Engg. & Technology, Greater Naida	Uttar Pradesh	14052
3	Harish Bhatia	Mangalmay Instt. of Engg. & Technology, Greater Naida	Uttar Pradesh	14053
4	Ashish Kumar Chakanwarti	Mangalmay Instt. of Engg. & Technology, Creater Naida	Uttar Pradesh	14054
5	Jyotsna Pandit	Mangalmay Instt. of Engg. & Technology, Greater Naida	Uttar Pradesh	14055
5	Pradeep Kumar	Mangalmay Instt. of Engg. & Technology, Greater Naida	Uttar Pradesh	14056
,	Suneeta Choudhary	Mangalmay Instt. of Engg. B. Technology, Greater Naida	Uttar Pradesh	14057
1	Yaduvir Singh	Mangaimay Instt. of Engg. & Technology, Greater Nalda	Uttar Pradesh	14058
,	Bhavesh Mathur	Mangaimay Instt. of Engg. & Technology Greater Naida	Uttar Pradesh	14059
0	Sarvachan Verma	Mangalmay Instt. of Engg. & Technoogy, Greater Naida	Uttar Pradesh	14060
1	Ottananjay Singh	Mangaimay Instt. of Engg. & Technology, Greater Naida	Uttar Pradesh	14061
2	Amit Kumar Kesarwani	Mangaimay Instt. of Engg. & Technology, Sceater Naida	Uttar Pradesh	14062
3	Sachin Kumar	Mangaimay Instt. of Engg. & Technology, Scratter Naida	Uttar Pradesh	14063
4	Amit Kumar Mourya	Mangaimay Instt. of Engg. & Technology, Greater Naida	Uttar Pradesh	14064
5	Sanjay Singh Bhadoria	Mangaimay Instt. of Engg. & Technology, Scater Naida	Uttar Prodesh	14065
6	Ankit Kumar	Mangalmay Instt. of Engg. & Technology, Greater Naida	Uttar Pradesh	14066
7	Vikas Kumar Wankar	Mangaimay Instt. of Engg. & Technolog Center Naida	Uttar Pradesh	14067
8	Mala Yadav	Mangaimay Instt. of Engg. & Technology - eater Naida	Utta: Pradash	14068
9	Divva Singh	Mangalmay Instt. of Engg. & Techno	Uttar Pradesh	14069
0	Suman Kumar Bia	Mangalmay Instt. of Engg. & Techno	Uttar Pradesh	14070
	Alok Kumar Maurya	Mangalmay Instit. of Engg. & Technology, Greater Naida	Uttar Pradesh	14071
2	Alpna Singh	Mangaimay Instt. of Engg. & Techn	Uttar Pradesh	14072
3	Karan Singh	Mangaimay Instt. of Engg. & Technill Greater Naida	Uttar Pradesh	14073
1	Prashant Kumar Sharma	Mangaimay Instt. of Engg. & Technic Seater Naida	Uttar Pradesh	14074
	Vaishall Nehra	Mangaimay Instt. of Engg. & Technology Greater Naida	Uttar Pradesh	14075
	Ishwar Singh	Mangaimay Instt. of Engg. & Technolog   Genter Naida	Uttar Pradesh	14076
	Sukriti Tiwari	Mangalmay Instt. of Engg. & Technology . O later Naida	Uttar Fradesh	14077
ST.	Sarvesh Kumar Mishra	Mangalmay Instt. of Engg. & Techno ater Naida	Uttar Pradesh	14078
Sec.	Deepak Sagar	Mangalmay Instt. of Engg. & Technologies Naida	Uttar Fradesh	14079
	Grish Dutt Gautam	Mangalmay Instt. of Engg. & Technology Conster Naida	Uttar Praciesh	14060
	Lasta Verma	Mangalmay Instt. of Engg. & Technology Later Naida	Littar Fredesh	14081
	Shriniwas Singh	Mangaimay Instt. of Engg. & Technology Naida	Uttar Pradesh	14082
	Gauray Singh	Mangalmay Instt. of Engg. & Techn. der Naida	Uttair Pradesh	14063
011	Himanshu Shekhar	Mangaimay Instit. of Engg. & Techn	Uttar Pradesh	14064
	Prafull Goswami	Mangalmay Instt. of Engg. & Technology Charter Naida	Uttar Fradesh	14085
	Sumit Sangwan	Mangalmay Instt. of Engg. & Technolog Strate: Naida	Uttar Placesh	14086
g)	Bhupendra Kumar Bhadana	Mangaimay Instt. of Engg. & Techno er Naida	Uttar - radesh	14087
	Surita Rani	Mangalmay Instt. of Engg. & Techno	Ultar Fradesh	14088
	Manoj Kumar Singh	Mangalmay Instt. of Engg. & Technology Security Maida	Ustar Fradesh	14089
	Sushii Kumar Maurya	Mangalmay Instt. of Engg. & Technic Advanced Control No. Ja	Uttar Tradesh	14090
	Stiweta Kulshrestha	Mangaimay Instt. of Engg. & Technic Ger Makka	Uttar Fradesh	14091
21	Heha Mathur	Mangaimay Instt. of Engg. & Technologier Naida	Uttar adesh	14092
	Seema Singh	Mangalmay Instt. of Engg. & Techno Ger Naida	Uttor Fradesh	14093
-	Shruti Srivastava	Mangaimay Instt. of Engg. & Technology Garding Naida	Uttar - adesh	14094
	Priyanka Shrivatava /	Mangalmay Instt. of Engg. & Techno	Uttar Drodesh	14095

Programme Code: 10715

Programme Title: Problem Amed Learning
Programme Co-ordinator: Dr. Indrajit Saha, Dr. Arpan Le Mondal, Dr. Sagarika Pal Dr. Kinsuk Girl
Date: 02.12.2019 - 07.12.0219

LIST OF PARTIC

SUNO	Name of the Participants	Name of the	齫	The state of the s	State	Certificate No.
46	Bharat Gahiot	Mangaimay Instt. of Engg. & Tech	67.	rea or Naida	Uttar Prodesh	14096
47	Zuifkar All Arsari	Mangaimay Instt. of Engg. & Tech	994	SELET Naida	Uttar Prodesh	14097
48	D. B. Singh	Mangalmay Instt. of Engg. & Technic	100	ar Naida	Utta: Pradesh	14098
49	Abhay N. Tricathi	Mangaimey Instt. of Engg. & Technology	200	uster Walda	Uttor Praciesh	14099
50	Asmita Yadav	Mangalmay Instt. of Engg. & Techn	5112	Emptor Naida	Utter Fragesh	14100
51	Prachi Agarwal	Mangalmay Instt. of Engg. & Techn		otor Naida	Utta: Pradesh	14101

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# MANGALMAY INSTITUTE OF ENGINEERING & TECHNOLOGY Department of Computer Science & Engineering Faculty Development Program

On

Problem Based Learning NITTTR Kolkata 02/12/19 to 06/12/19

Event Object: The objective of the FDP is to provide an exposure to the faculty members in the field of Problem Based Learning to enhance their knowledge in the domain.

Date of Event: 02 December 2019 - 06 December 2019,

Officials Attended for the Event: Mr Anuj Marchi (Vice Chancellor), Mr. Atul Mangal (Chairman), Dr. Preeti Mishra (Director of Engineering), Dr. Tushar Kanti (Director, School of Management). Prof. Harish Bhatia (Dean academics) of Dr. Yashpal Singh (Dean College of Engineering).

Course Coordinator: Dr. Indrajit Saha, Dr. Kinnuk Giri, Dr. Sagarika Pal, Dr. Arpan Kumar Mondal, Dr. Yashpal Singh (Nodal Coordinator).

Event Report: A five day Faculty Development Program on Problem Based Learning was successfully conducted in MIET on 02/12/19 - 06/12/19 in association with NITTTR Kolkata. The FDP program received an overwhelming response with overall 50 participants from MIET.

#### WORKSHOP REPORT:

Day 1 (02/12/19): The program was inaugurated in the morning at seminar half on 02/12/19 by hands of Mr Anuj Mangal (Vice Chancellor), Mr. Anul Mongal (Chairman), Dr. Preeti Mishra (Director), Dr. Tushar Kanti (Director, School of Manganent), Prof. Harish Bhatia (Dean academics) & Dr. Yashpal Singh (Dean College of Englishers).

On the first day, resource person Dr. Indrajit Saha stars the discussion with very basic idea of concept of education, learning and teaching. He shared lew very important aspect to be considered while teaching-learning process. Dr. Saha discussed about Traditional Learning and Learning Theories.

Day 2 (03/12/19): On the second day, Dr. Kinsul: Girl started his discussion on Active Learning, purpose of Acting Learning, Improving Lectures in thin objectives, Include graphics,

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(College Code-785)

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charts, graphs, etc, Plan what you want to annotate, Learn students' names, Cue important points, Give short activities etc. In the second session Dr. Giri discussed about Problem Based Learning, Traditional Learning, Problem solving ability in groups. Principles behind PBL etc.

Day 3 (04/12/19): On the third day of program Dr. Sagaril Pal introduced about Assessment and Evaluation. Then Dr. Pal highlighted the important points on Grading Criteria in Problem Based Learning. Then she discussed about Forms of assessment, Component of assessment, Level of evaluation and Evaluation of rubric.

Day 4 (05/12/19): In the fourth day of the program, Pr.Arg.in Kumar Mondal delivered a talk on Implementation issues of PBL in classroom. In this deliberations, Dr. Mondal discussed in details The role of student, role of teacher and role of task. I see Dr. Mondal discussed about Enquiry skills, Information literacy, he also discussed about the importance of team work or group work.

Day 5 (06/12/19): In the last day of program Dr. S Pal presented a talk on implementation of PBL. Dr. S Pal discussed Case study on PBL in Electrical Engineering. In PBL the students are placed in the active role of practitioners (or problem solvers) confronted with an ill-structured problem. Then she discussed about self evaluation.

All the sessions were very much informative. The discussed was are of great benefit for the participants as the topics match with the academic curricule. Participants were enlightened with the strategies used in PBL. This in turn will help in a divating participants which will improve the placement opportunity.

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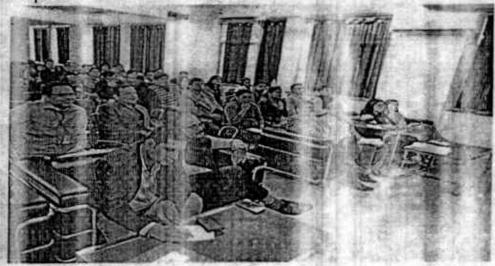
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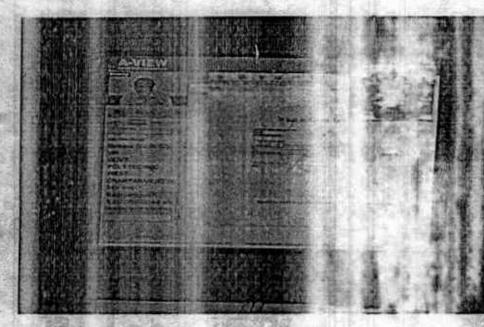
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Date :- 03 October-2019

#### Circular

All the faculty members are hereby informed that the institute has scheduled a seven days FDP on "Effective Classroom Management Strategies" from 21 October 2019 to 25 October 2019.

The brief date wise itinerary of the event is as under:

David	Date	Time	Topic	Resource Person
Day 1.	21/10/19	11 AM - 02 PM	Introduction to Classroom	Dr. Komal Kumar Gaur
2.	22/10/19	11 AM - 02 PM	Expectations behavior of students and connect with them	Dr. Pradeep Kumar
3.	23/10/19	11 AM - 02 PM	Proactive Behavior Management Techniques	Dr. Yaduveer Singh
4.	24/10/19	11 AM - 02 PM	Effective Classroom Communication and Instructional Strategies	Dr. Shri nivas Singh
5.	25/10/19	11 AM - 02 PM	Addressing Challenging Behavior and Classroom Interventions	Dr. Girish Dutt Gautam
	25/10/19	03 PM - 04 PM	Debate from the Audience Speakers	Marie Control
	25/10/19	04 PM - 05 PM	Concluding Session and Vote of Thanks.	Dr. Suneeta Chaudhary

All faculty members are required to attend the session. If any faculty members have scheduled lectures during the FDP, they may attend the session after their lectures. Once the event is over, participants who have attended all the sessions will receive a certificate of participation.

Additionally, please be aware that there will be short multiple-choice tests each day to assess your understanding of the session content. We kindly request everyone to adhere to the instructions provided your feedback once the entire session is over.

Ulre Director

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#### Mangalmay Institute of Engineering & Technology AN INSTITUTION OF MANGALMAY FOUNDATION TRUST

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#### Report on Faculty Development Programme

#### ORGANIZED BY

Mangalmay Institute of Engineering & Technology - Greater Noida

Topic - "Effective Classroom Management Strategies"

(PERIOD- 21 October 2019 to 25 October 2019)

#### **Back Ground**

The growth and diversification of any reputable institute heavily rely on the crucial Faculty Development Programme. It is imperative to guarantee that our faculty members are well-versed in the most recent demands and recognize the significance of organizing such programs to augment their skills. In pursuit of this objective, the institute has commenced a Faculty Development Programme called "Effective Classrooms Management Strategies." This program strives to offer both theoretical expertise and hands-on practice, enabling faculty members to engage with a wide array of tools and methodologies.

#### Objective

Classroom management strategies aim to address and prevent behavior issues effectively. This objective involves proactive measures such as teaching and reinforcing positive behavior, providing individualized support for students with specific needs, and implementing appropriate consequences for misbehavior in a fair and consistent manner. One of the main objectives of effective classroom management strategies is to create a positive and inclusive learning environment where students feel safe, respected, and engaged. Another objective is to encourage active student engagement in the learning process. Effective classroom management strategies aim to minimize distractions, provide clear and organized instructions, and implement a variety of instructional techniques and activities that promote student participation, critical thinking, and United Sublin collaboration.

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The session wise program of the workshop will include:

Each day module of the session is as under:

Day	Date	Time	Topic	Resource Person
1.	21/10/19	11 AM - 02 PM	Introduction to Classroom Management	Dr. Komal Kumar Gaur
2.	22/10/19	11 AM - 02 PM	Expectations behavior of students and connect with them	Dr. Pradeep Kumar
3.	23/10/19	11 AM - 02 PM	Proactive Behavior Management Techniques	Dr. Yaduveer Singh
4.	24/10/19	11 AM - 02 PM	Effective Classroom Communication and Instructional Strategies	Dr. Shri nivas Singh
5.	25/10/19	11 AM - 02 PM	Addressing Challenging Behavior and Classroom Interventions	Dr. Girish Dutt Gautam
191	25/10/19	03 PM - 04 PM	Debate from the Audience Speakers	
	25/10/19		Concluding Session and Vote of Thanks.	Dr. Suneeta Chaudhary

#### Days Wise/ Session Wise Report on the FDP

A seven days Faculty Development Programme was organized in the institute from 21 October 2019 to 25 October 2019

The session wise report in the brief is being encapsulated for the reference of all concerned.

#### Day 1: Introduction to Classroom Management

The speaker started the session by explaining the importance of effective classroom management and techniques to maintain the role of classroom management in student engagement and learning. The speaker discussed the key principles and theories of classroom management and how to establish a positive classroom environment.

#### Day 2: Expectations behavior of students and connect with them

The speaker began his lecture by defining clear behavioral expectations for students. He further explained as to how to develop and communicate classroom rules and procedures with the students. He gave example to establishing routines for smooth transitions and optimal learning strategies for teaching and reinforcing expectations.

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#### Day 3: Proactive Behavior Management Techniques

The speaker started by explaining as to how one should be able to Identifying and addressing potential behavior issues before they occur. How to build positive relationships with students. He discussed the strategies for promoting intrinsic motivation and self-regulation.

#### 4: Effective Classroom Communication and Instructional Strategies

The speaker begun his talk by explaining for enhancing communication skills with students and colleagues. He gave the examples for active listening and effective questioning techniques incorporating technology and multimedia for engaging instruction.

#### Day 5: Addressing Challenging Behavior and Classroom Interventions

The speaker commenced his talk by describing as to how to manage the challenges of students' behaviors and conflict resolution by adopting positive approach.

Mangalmay Institute of Engineering & Technology

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College Coda-786 Chairperson - IQAC

All Faculty Members.

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# Attendance List of the Participants

Sr. No	Name of the Faculty	Signature
1.	Herish Bhafa	-En
2.	Dr. Jyotina Parolit	- Lysters
3.	· Udhi Agrowy	الماله.و
4.	DHANANSAY SINGH	Dhylis
5.	Yaduur Singh	2/2
6.	Dr. Predup Gema	1 Paris
7.	Dr Ishoar Singl	The
8.	Bhoush Mather	Breed
9.	Lalita Verma	latavena
10.	Soruachan Verener	80
11.	Amit Kumar Maurya	Antkumov
12.	Priya Sherma	Vasna
13.	Lokesh Chaudhary	Lowe
14.	Harran Singh	(K)
15.	MALA YADAY	mala
16.	Ambica Yadau	Ambre
17.	Amit Kumar Kusasum	AL
18.	Arond Bakash	Anond
19.	Haranda fasty	1

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#### Feedback Form

# Faculty Development Programme

#### ORGANIZED BY

Mangalmay Institute of Engineering & Technology - Greater Noida

Topic -Effective Classroom Management Strategies

(PERIOD- 21. October 2019 to .. 9. ..... October 2019)

Sr. No	nt) (4. Very Good), (3. Good), (2.Average) (1 Poor)  Question	Your Points
1.	How do you find the overall FDP?	
2.	Do you find the FDP was informative and add value in your personality?	
3.	Do you think that it will improve the teaching and learning	
4.	Do you think that in some ways it will enhance the students'	
5.	Do you think that the faculty lectures will be more impressive now?	
6.	Do you think that the classroom teachings will be more disciplined now in comparison with the previous ones?	
7.	Do you feel that faculty members will be more curious to update themselves and adopt new techniques of lecture delivery in the classrooms?	
8.	Do you find all the speakers were well prepared and delivered their talks eloquently?	1
9.	Do you find the talks were interesting throughout the seven days session	
10.	Do you think that the impact of this FDP will last long?	

Grading -	
> 45 and Above Excellent,	
40 to 45 - Very Good,	
35 to 39 - Good,	
30 to 34 - Average.	a seigh
Less than 30 - Poor	Value

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Result Analysis - 90% participants felt that the session was excellent and or 10% it was a very good session.

# Questions on Day 1 Session: Introduction to Classroom Management

Question -1- Effective Classroom Management is essential for enhancing the competence level of the students - True/ False.

Question -2- Classroom Management is:

(A) Discipline in the classroom (B) Students engagement in the lectures (C) Time management (D) All the above four.

# Questions on Day 2 Session: Expectations behavior of students and connect with them

Question -1 - students' expectations in the classroom is:

(A) Quality lectures from the faculty (B) Proper behavior of the faculty (C) Proper doubt clearing session in the end (D) All the above.

Question -2- What are the optimal learning strategies:

(A) Covering all important topics from the syllabus, (B) Incorporate Value Added Courses along with the syllabus (C) Cover the entire syllabus (D) None of the above.

# Questions on Day 3 Session: Proactive Behavior Management Techniques

Question -1- Potential behavior issues in the students are addressed in negative sense - True/

Question – What are self-regulation codes: -Self-discipline (B) Discipline in the institute (C) Follow properly code of conducts of the institute (D) All the above.

# Questions on Day 4 Session: Effective Classroom Communication and Instructional Strategies

Question -1 - Effective Classroom Communication is:

(A) Properly engagement with the students (B) Equal opportunity to speak to all students (C) Effective teaching and learning process in the classroom (D) All the four.

Question-2- Effective Questioning Techniques are:

(A) Asking question based on analytics and knowledge based (B) Asking questions on descriptive mode only (C) Asking questions on commonsense based (D) None of the above.

# Questions for Day 5 Session: Addressing Challenging Behavior and Classroom Interventions

Question 1- Why students disrupt the classes:

(A) Teacher is not addressing their issues properly (B) Teacher is not fully prepared to deliver the lecture (C) Teacher is only trying to engage the classes but in reality, not interested to teach. (D) At the above.

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Date: - 12 August 2019

### Circular

All the non-teaching staff members of the institute working in registrar office, accounts office, labs, library, security, and attached with different departments are to note that the institute has scheduled one day training programme on 19 August 2019 from 10:00 AM to 3:30 PM. The brief itinerary of the programme will be as under:

# Topic of the Training Programme - "Attain Success & Beat Procrastination"

Time	Event Details	Resource Person
10.30 AM	Lightening of the Lamp Ceremony	Dr. Jyotsna pandit
10.40 AM	Inauguration of the Training Programme	Mr. harish Bhatia
10.45 AM	Lecture on - Introduction to Procrastination	Mr. Yaduvir Singh
11.30 AM	Lecture on -Procrastination and Your Failure.	Mr. Sarvachan Verma
12.30 to 1.00 PM	Tea Break	
01.00 PM	Lecture on – How to overcome Procrastination.	Dr. Komal Kumar Gaur
02.00 - 2.30 PM	Lunch Break	CLV.
02.30 PM	Lecture on - Attain success and beat Procrastination.	Mr. Amit Maurya
03.30 PM	Vote of Thanks.	Mr. Dhananjay Singh

It is to further noted that all the participants will be conferred with the participation certificate after the commencement of the event.

All the non-teaching staff members are requested to attend the session.

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(College Hon ble Chairman/ Vice Chairman/ IQAC/ All Non-Teaching Staff Members.

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Mangalmay institute of Engineering & Technology

Greater Noida (U.P.)-201310



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Campus: 6. Knowledge Park-II, Greater Noida (U.P.) Institution office: C-116, Sector-39, Noida-201301 (U.P.) e-mail: mims\_grnoida@yahoo.co.in Ph.: 0120-2320400, 2320401 Ph.: 0120-2500381, 2572237 Fax: 0120-2570546

# Report on Training Programme held in the Institute on dated 19 August 2019.

# Topic - "Attain Success & Beat Procrastination"

Time	Event Details	Resource Person
10.30 AM	Lightening of the Lamp Ceremony	Dr. Jyotsna pandit
10.40 AM	Inauguration of the Training Programme	Mr. harish Bhatia
10.45 AM	Lecture on - Introduction to Procrastination	Mr. Yaduvir Singh
11.30 AM	Lecture on -Procrastination and Your Failure.	Mr. Sarvachan Verma
12.30 to 1.00 PM	Tea Break	
01.00 PM	Lecture on – How to overcome Procrastination.	Dr. Komal Kumar Gaur
02.00 - 2.30 PM	Lunch Break	The second second
02.30 PM	Lecture on - Attain success and beat Procrastination.	Mr. Amit Maurya
03.30 PM	Vote of Thanks.	Mr. Dhananjay Singh

The institute has organized a one-day training programme for the development of the non-teaching staff members working in the different departments in the institute. The institute invited all the non-teaching staff members of the Accounts Department, HR department, Registrar Dept. Labs, Library, Security Office etc. in the training programme.

The scheduled of the full day programme was as above mentioned in the table.

All the speakers shared their valuable thoughts with the experience on the topics assigned to them for the understanding of the participants.

The brief description of the speeches of the resource persons are being encapsulated herein for the records purpose.

#### Introduction to Procrastination

The speaker expressed his delight on being present in the session and expressed thanks to the organizers for providing him the opportunity to share his thoughts on the topic. After welcoming to the participants, the speaker started the session by ice breaking activities in a very interesting manner. Thereafter, he emphasized the importance on personal development for the successful career by beating the habit of procrastination. He defined the dictionary meaning of Procrastination which read as under — "The act of putting off doing things to another day of time because you do not want to do it now irrespective of its importance."

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Thereafter, he conducted a small exercise for identifying individual strengths and opportunities missed due to procrastination. He also explained the concept of growth mindset and its impact on professional development due to procrastination.

### Procrastination and Your Failure

The second speaker highlighted on to the significance of negative impact on professional career due to procrastination. He described that initially one does not notice that a habit is being built of shifting the important matters to another days and time. However, in a short span of time it becomes a permanent habit of shifting the goals with irrelevant logics for self-consolation. Such type of persons are noticed immediately by the superiors and lead a life of failed person. Thereafter, he organized a small group activity on procrastination and goals-based exercise and how procrastination affects the career of the individual.

#### How to Overcome Procrastination

The speaker emphasized that first to break the .tasks into smaller, manageable steps: Divide your tasks into smaller chunks to make them less overwhelming and easier to start. Set specific goals and deadlines: Define clear objectives and assign realistic deadlines to create a sense of urgency and accountability. Eliminate distractions: Identify and remove or minimize distractions in your environment to maintain focus and productivity. Use positive reinforcement: Reward yourself for completing tasks on time, motivating yourself to avoid procrastination in the future. Cultivate a routine: Establish a consistent schedule to build a habit of productivity and reduce the temptation to procrastinate.

#### Attain success and beat Procrastination

The speaker started his talk in a very interesting story in which a corporate executive was never committed to his responsibilities and subsequently faced the repercussions by losing his job. It is all due to his habit of procrastination. The organizations never want to continue with the persons who are not committed towards their jobs and in persistent towards procrastination

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### Attendance Sheet

Sr. No	Name of the staff Members	Signatures
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# Feedback Form

You are requested to give your feedback on the session for our record and evaluation purpose.

Please rate the event on 1 to 5 scale.

(1=Poor) (2=Average) (3=Above Average) (4=Good) (5=Excellent)

(1- Not Possible) (2- Not sure) (3= May be) (4= for sure) (5- Definitely)

Sr. No	Question	Marks
1.	How do you find the Training Programme?	
2.	Do you think this training programme will make a positive impact on your professional life?	
3.	Do you think this training programme will help you to imbibe good practices in your personal life?	
4.	Do you think this training programme will boost your working spirit?	
5.	Do you think this training programme will help you to create a conducive working environment in your department.	
D 150	Total	A APRIL

Grading

- Excellent, Above 22 Marks

- Good 18-21 Marks

15-17 Marks - Average

- Poor and worthless. Less than 15

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