

AN INSTITUTION OF MANGALMAY FOUNDATION TRUST

Campus: 8. Knowledge Park II., Greater Noida (U.P.) Institution office: C116, Section35, Noide-201301 (U.P.) e-mail: mins., gracida@yahou.co.in Ph.: 0120-2320400, 2320401 Ph.: 0120-2500381, 2572237 Fax: 0120-2570546

Date: - 02 December 2021

## Circular

All the non-teaching staff members of the institute working in registrar office, accounts office, labs, library, security, and attached with different departments are to note that the institute has scheduled one day training programme on 13 December 2021 from 11.30 AM to 04:30 PM. The brief itinerary of the programme will be as under:

# Topic of the Training Programme-Goal Setting & Personal Development

mi .	Event Details	Resource Person
Time	Lightening of the Lamp Ceremony	Ms. Ambica Yadav
11.30 AM	Lightening of the Lamp Ceremony	Mr. Dhananjay Singh
11,40 AM	Inauguration of the TrainingProgramme	
11.45 AM	Development Coal Setting	
12.30 PM		
1.30 to 2.00 PM	Tea Break	1 1 1 1 1 1 1 1 1 1
02.00 PM	Lecture on - Time Management	Dr. Gaurav
03.00 - 3:30 PM	Lunch Break	
03.30 PM	Lecture on - Personal Commitment	Dr. Srinivash Singh
04.30 PM Vote of Thanks.		Mr. Sarvachan Verma

It is to further noted that all the participants will be conferred with the participation certificate after the commencement of the event.

All the non-teaching staff members are requested to attend the session.

Unector

Mangalmay Institute of Engineering & Technology Greater Noida (U.P.)-201310

College Code 786

CC - Hon'ble Chairman/ Vice Chairman/ IQAC/ All Non-Teaching Staff Members.

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# Report on Training Programme held in the Institute on dated 13 December 2021.

# Topic - "Goal Setting & Personal Development"

The institute has organized a one-day training programme for the development of the non-teaching staff members working in the different departments in the institute. The institute invited all the non-teaching staff members of the Accounts Department, HR department, Registrar Dept. Labs, Library, Security Office etc.

The scheduled of the full day programme was as under:

Time	Event Details	Resource Person
11.30 AM	Lightening of the Lamp Ceremony	Ms. Ambica Yadav
	UAM Lightening of the Lamb	
11.40 AM 11.45 AM	1.45 AM Lecture on - Introduction to Personal Development	
12.30 PM		
1.30 to 2.00 PM	Tea Break	Dr. Gauray
02.00 PM		
03.00 - 3:30 PM	Lunch Break	THE CHARLES
03.30 PM	Lecture on - Personal Commitment	Dr. Srinivash Singh
4.30 PM Vote of Thanks.		Mr. Sarvachan Verma

All the speakers shared their valuable thoughts with the experience on the topics assigned to them for the understanding of the participants.

The brief description of the speeches of the resource persons are being encapsulated herein for the records purpose.

#### Introduction on Personal Development

The speaker expressed his delight on being present in the session and expressed thanks to the organizers for providing him the opportunity to share his thoughts on the topic. After welcoming to the participants, the speaker started the session by ice breaking activities in a very interesting manner. Thereafter, he emphasized the importance on personal development for the successful career. Thereafter, he conducted a small exercise for identifying individual strengths and areas for improvement through self-assessment. He also explaint the concept of growth mindset and its impact on personal growth

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## Fundamentals of Goal Setting Techniques

The second speaker highlighted on to the significance of goal settings and its importance in everyone's life. He explained the concept of "SMART" and broke the significance of each word with its latent meaning and significance such as 1. Smart, 2. Measurable, 3. Actionable, 4.Relevant, 5.Time Bound. Thereafter, he organized a small group activity formulating SMART goals-based exercise and how it transforms to lives of the individual if pursued in its absolute letter and spirit.

#### Time Management

The speaker very eloquently spoke on the importance of time management. He shared the technique on crafting the actionable plans to achieve set goals. He further emphasized first to prioritize tasks and contemplate a time slot in which the task may be complete. Thereafter, he conducted a group activity for a time management for balancing work and personal goals.

### Personal Commitment

The speaker started his talk in a very interesting story in which a corporate executive was never committed to his responsibilities and subsequently faced the repercussions by losing his job. He strongly advocated if the commitment will be missing in the professional life, then dedication will not be created towards the job. Thereafter, the procrastination will develop which will kill the spirit of perseverance and determination. The organization never want to continue with the persons who are not committed towards their jobs.

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## Attendance Sheet

S. No.	Name	CHE CITY	Signature
1	Harish Bhatia	a	1
2	Geetika Dha	wan	Grefiter
3	Ritika		for .
4	Neeraj	The Washington	Newroy
5	Dhirendra Ku	ımar	Thirandra
6	Pramod Kum	ar www.	france
7	BalveerSingh	1	Bahun
8	Rajesh Kuma		Rajesh
9	Dharmendra	Kumar	Dhormunde kum
10	Sarvesh	Kumar	Scoul Kum
11	Devendra	Kumar	Dera
12	Sachin	Kumar	Souls
13	Sandeep	Shrivastava	1
14	Ashish	Kumar	(Arden
15	Aditya	Kumar	Adutas
16	Satish	Kumar	motishe

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#### Feedback Form

You are requested to give your feedback on the session for our record and evaluation purpose.

Please rate the event on 1 to 5 scale.

(1=Poor) (2=Average) (3=Above Average) (4=Good) (5=Excellent)

(1-Not Possible) (2-Not sure) (3= May be) (4= for sure) (5-Definitely)

r. No	Question	Marks	
	How do you find the Training Programme?		
	Do you think this training programme will make a positive impact on your professional life?		
١.	Do you think this training programme will help you to imbibe good practices in your personal life?		
	Do you think this training programme will boost your working spirit?		
	Do you think this training programme will help you to create a conducive working environment in your department.	300	
	Total	The second	

#### Grading

Above 22 Marks

- Excellent,

18-21

Marks

- Good

15-17

Marks - Average

Less than 15

- Poor and worthless.

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